



Year 5/6 Summer Newsletter

Welcome Back!



Dear Parents and Carers

I hope you have a wonderful Easter break. I can't quite believe we are in the summer term already! For our Year 6 pupils, I look forward to making sure that their final term at Parc Lewis is one to remember!

Homework



Our 'Homework Menu Grid' will be uploaded via Teams and pupils can choose an activity to complete each week.

Weekly spellings will be sent out on a **Friday** to be tested the following **Thursday**.

Our Summer Term topic is *'Thrive and Shine'*

✦ We will be exploring the following questions: ✦
Summer 1: How can I take responsibility for my own health and well-being? What skills do I need to look after myself and others?
Summer 2: What does it mean to be confident and prepared for the future?

The key questions within this topic are strongly within the Health and Well-being Area of Learning and Experience within the Curriculum for Wales, promoting learners' physical health, emotional literacy, decision-making skills, and understanding of their developing bodies. The topic aims to build confident, informed, and responsible learners who can apply knowledge to their everyday lives. Taking with them the skills and knowledge acquired during their time in primary school as they move onto to their next chapter in their educational journey.

Learners at this age are beginning to make more independent choices about food, activity, and lifestyle. This topic empowers them to understand what a balanced week looks like and how daily decisions affect long-term health. This topic aims to encourage autonomy and responsibility for personal well-being. Further build on their understanding of nutrition, energy balance, and the importance of varied physical activity. Whilst, supporting pupils in creating healthy lifelong habits and reducing misconceptions about food and exercise.

Pupils will take part in basic first aid training, equipping them with practical, potentially life-saving skills. It will also build confidence, calmness under pressure, and awareness of how to respond safely in emergencies. First aid knowledge empowers children to act responsibly and seek help effectively. Understanding common conditions (e.g., asthma, diabetes) reduces fear and stigma. Finally, it supports the curriculum's emphasis on safety, resilience, and informed citizenship.

Finally, as learners approach puberty, they need accurate, sensitive, and reassuring information about the physical and emotional changes they will experience. This topic supports their transition into adolescence with confidence and understanding. It aims to reduce anxiety and confusion around bodily changes. Promotes body positivity and respect for differences. Support emotional literacy and healthy relationships. All whilst ensuring it aligns with the Relationships and Sexuality Education (RSE) Code in Wales.



General Reminders

- Children read in class at least once a week. To help us, please ensure your child brings their book to school every day.
- The children will have P.E on a **Wednesday**. To develop pupil independence please send children with their P.E kit to change in school. They will need a t-shirt, joggers/shorts and sports shoes. No earrings to be worn on these days.
- With the warmer weather approaching, please make sure your child has appropriate sun safety - sunscreen, sun hat and water bottle for warmer days.
- Miss Parson's will be teaching the class for 1 and 1/2 days each week while I receive leadership time and PPA.

Please remember you can keep up to date with school life by looking on our Facegroup.

Search: Parc Lewis on Facebook

Additionally, download the **My Child at School app** to receive all communications from school.

KS2 End of Year Trip

Letters have been sent home for our end of year trip to We The Curious Science Museum Bristol. The trip will take place on **Tuesday 7th July**. Consent and **payment is due by Friday 12th June**



If you have any questions or queries please do not hesitate to ask

Diolch!

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