

Year 5/6 Autumn 2025

Dear Parents and Guardians,

I hope you had a wonderful summer holidays. I'm really excited to be teaching in KS2 this year and am looking forward to the upcoming term. We have lots of lovely experiences planned and I know that the children will have a fantastic time!

Homework

Homework will be set each week on a **Friday** via Teams. Homework will be due in the **following Wednesday**. Weekly Spellings will be sent out on a **Wednesday** to be tested the following **Thursday**.

Our Autumn Term topic is

Healthy Me

Is Health Wealth?

The theme of health and wealth offers a powerful and relevant framework to engage learners in meaningful inquiry about their own well-being and the wellbeing of their community. By exploring the impact of nutrition, physical health, safety, and risk management, this topic encourages learners to critically reflect on their personal health choices while understanding broader social factors that influence community health.

The big question—"Is health wealth?"—guides learners to investigate how daily habits, environmental factors, and available resources contribute to overall wellness. This exploration fosters a deeper awareness of self-care and empowers pupils to consider proactive steps to build healthy habits not only for themselves but for those around them.

By engaging in a social action project, learners will actively respond to real challenges they uncover within their local context, such as the quality and accessibility of products available in the Treforest area. This hands-on approach helps them connect classroom learning to lived experiences, developing empathy and civic responsibility. Through design proposals, learners will creatively address these challenges by developing healthy products tailored to the needs of the community members identified during their research.

This topic nurtures a sense of agency, inspiring learners to become health advocates who understand the importance of nutrition, physical safety, and risk management in sustaining individual and communal wellbeing.

By linking personal health with social action and problem-solving, learners cultivate skills in leadership, critical thinking, and ethical decision-making — all essential to growing as informed, active citizens in their own place and community.

Together, learners will become Health Champions, modelling healthy habits for all!

General Reminders

- Children are in class **at least once a week** though we are aiming for more often. To help us, please ensure that your child brings their book/book bags to school every day.
- The children will have P.E on a **Wednesday**. To develop pupil independence please send children with their P.E kit to change in school. They will need a t-shirt, joggers/leggings and sports shoes. No earrings to be worn on these days.
- With the colder weather approaching, please make sure your children has appropriate outdoor clothes for wet and windy days!
- If you have not yet joined our Teams Channel here is the link [General Mrs Chandler Year 5/6 Microsoft Teams](#). Please join using your child's Hwb e-mail
- Miss Parsons will be teaching the class for 1 and 1/2 days each week while I receive leadership time and PPA.

Please remember you can keep up to date with school life by looking on our Facebook group.

Search: **Parc Lewis on Facebook**.

If any parents have any experience or knowledge that would benefit our Autumn term topics please let me know. We love inviting the school community into our classroom. These learning experiences are invaluable and can help create life-long memories.

If you have any questions or concerns please do not hesitate to ask.

Diolch,

Mrs Chandler (Class Teacher)
chandler17@hwbcymru.net